

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Clinical Care
Skills Category	Urinary Catheterisation
Skills Standard Title	Assist with urinary catheterisation
Skills Standard Descriptor	Assist with insertion of urinary catheterisation by preparing equipment and positioning female client appropriately
Skills Proficiency Level	Level 1 <i>Previously 'Basic II' under CCSSF</i>
Source Code	CCSSF-CC-UC-2001-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Common types and sizes of catheter • Catheter care • Positioning of clients for urinary catheterisation, which may relate to: ○ Medical conditions • Complications in relation to catheterisation, which may include: ○ Injury to bladder ○ Bladder stones for long term users • Organisational policies in relation to: ○ Verifying information on urinary catheterisation process ○ Preparing requisites for urinary catheterisation ○ Communicating with and supporting client in relation to catheterisation process ○ Positioning client for catheterisation ○ Collecting of requisites ○ Preparing area for catheterisation ○ Assisting in urinary catheterisation ○ Reinstating settings and return requisites used for catheterisation • Requisites for urine catheterisation, which may include (not limited to): ○ Urine bag ○ Catheterisation set ○ Lubrication gel ○ Micropore tape ○ Protective sheet • Possible outcomes after urinary catheterisation, which may

	include: ○ Pain ○ Leakage ● Standard precautions, which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene ● Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: ● Verify information on urinary catheterisation process in accordance with organisational policies and procedures ● Prepare requisites for urinary catheterisation in accordance with organisational procedures ● Communicate with and support client in relation to catheterisation process in accordance with organisational procedures ● Position client for catheterisation in accordance with organisational procedures ● Prepare area for catheterisation (i.e. protective sheet, etc) in accordance with National Infection Prevention and Control Guidelines ● Assist in urinary catheterisation in accordance with organisational procedures ● Apply Infection Prevention and Control Guidelines throughout catheterisation process ● Reinstate settings and return requisites used for catheterisation in accordance with organisational procedures
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: ● Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: ● Prepare requisites for urinary catheterisation ● Position client for catheterisation ● Prepare area for catheterisation ● Assist in urinary catheterization

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| | <ul style="list-style-type: none">• Apply Infection Prevention and Control Guidelines |
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